

WWW.RISINGSTARSNJ.COM



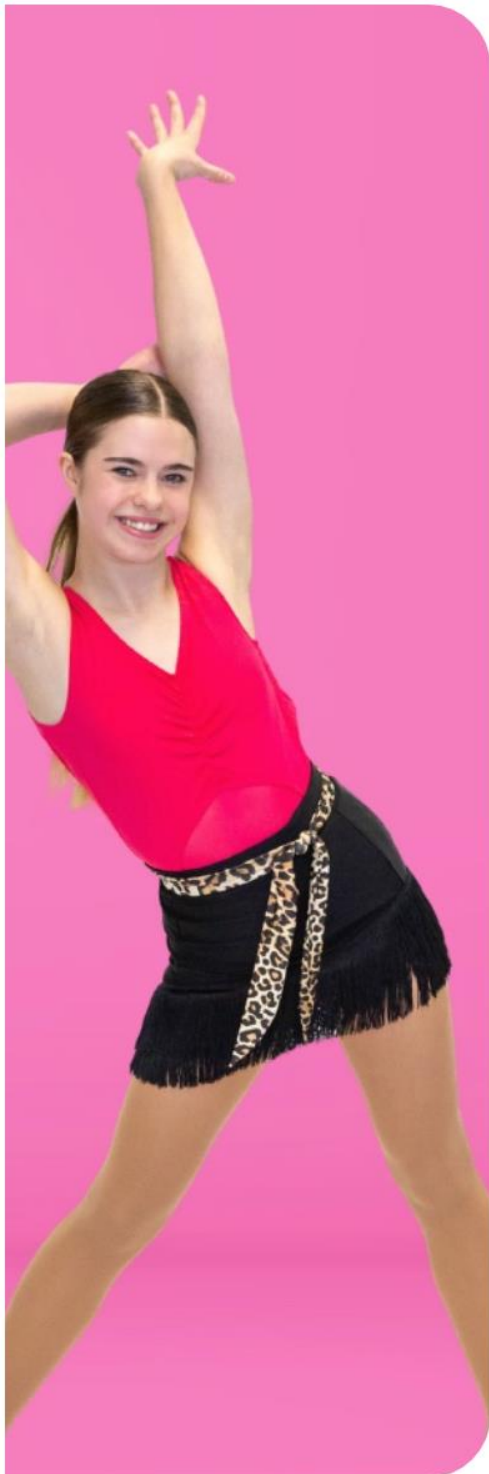
NEW

**BALLROOM**kids™

**WELCOME**

**GUIDE**

**EVERYTHING YOU NEED TO  
KNOW ABOUT OUR  
BALLROOMKIDS™ CLASSES!**



# WELCOME!

We are delighted to have you and your child join us at Rising Stars, where we embrace the excitement and beauty of ballroom dancing through the BallroomKids™ curriculum. As an official licensee of the BallroomKids™ brand, we are committed to delivering a high-quality, dynamic, and fun-filled dance education experience. Our program is specially designed to introduce dancers to the vibrant world of ballroom dancing, featuring an array of dance styles such as the elegant Waltz, the fiery Tango, and the lively Cha-Cha.

Your child's dance adventure with us will be filled with thrilling milestones and achievements. Our unique BallroomKids™ approach includes getting their very own "Dance Passport," which they will have stamped as they are introduced to each new dance style, celebrating their progress and encouraging their journey through the diverse world of ballroom dance. Our classes are structured to be engaging and enjoyable, ensuring that every child feels the magic of dance from their very first step on the dance floor.

Thank you for choosing Rising Stars for your child's dance education. We are excited to welcome you both to our studio family and to the enchanting world of BallroomKids™. Let's look forward to a journey filled with discovery, excitement, and the joy of dance!



## CLASS TIMES

THURSDAY 7:30 MISS COURTNEY  
AGES 7-12 COMPETITION LEVEL STUDENTS

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THURSDAY 8:30 MISS COURTNEY  
AGES 13+ COMPETITION LEVEL STUDENTS

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FRIDAY 4:30 MISS MARISSA  
AGES 7-12 RECREATIONAL LEVEL STUDENTS

**EACH CLASS WILL PERFORM ONE RECITAL ROUTINE**

**THIS CLASS IS ELIGIBLE TO BE DISCOUNTED FOR  
COMPETITIVE STUDENTS ALREADY MEETING THEIR  
REQUIREMENTS IN OTHER CLASSES. PLEASE EMAIL  
MISSSTACY@RISINGSTARSNJ.COM TO HAVE YOUR  
DISCOUNT APPLIED**



# 10 STYLES OF BALLROOM

01

## SALSA

*Dive into the lively and upbeat rhythms of Salsa, where you'll learn to move with energy and joy in a dance full of fun turns and steps.*

02

## WALTZ

*Glide across the floor with the elegant and graceful Waltz, mastering the art of smooth and flowing movements in this classic dance.*

03

## RUMBA

*Explore the Rumba, a dance that tells a story through its slow, expressive, and rhythmic movements, emphasizing coordination and rhythm.*

04

## FOXTROT

*Glide across the floor with Foxtrot, learning to move with ease and sophistication to the rhythm of classic tunes, solo style.*

05

## CHA CHA

*Get ready for the lively and spirited Cha Cha, a dance that's all about quick feet, sharp movements, and having a blast with every step.*



# 10 STYLES OF BALLROOM

06

## TANGO

*Immerse in the Tango, a dance that emphasizes dramatic pauses and sharp, quick movements, reflecting an intense, individual storytelling experience.*

07

## SWING

*Embrace the lively energy of Swing, a genre that incorporates bouncy rhythms and a variety of kicks and flicks, perfectly suited for solo expression.*

08

## MERENGUE

*Enjoy Merengue, known for its simple, march-like steps and continuous motion, allowing for an accessible yet engaging solo dance form.*

09

## SAMBA

*Participate in Samba, with its rhythmic bounce and rolling hip action, offering a solo dance that is both challenging and exhilarating.*

10

## HUSTLE

*The Hustle is a fast-paced disco dance that combines smooth spins and turns with a consistent beat, ideal for dynamic solo dancing.*

# WHAT TO WEAR



## FEMALE DANCE ATTIRE

- Leotard
- Latin or Ballroom Skirt

### CHILD SIZE



### ADULT SIZE



## MALE/UNISEX ATTIRE

- Plain t-shirt or Latin shirt
- Latin/ Ballroom Pants
- optional: athletic bottoms/pants

REQUIRED



# ***BALLROOM SHOES***

Looking to boost your child's ballroom dancing journey right from their very first step? Ensure they're on the right foot with our recommended dance shoes!

Dive into the world of ballroom dance with the perfect footwear designed to complement every move. Our recommended dance shoes are not just ordinary shoes; they are crafted to offer the ideal balance of 'slip' and 'grip' necessary for mastering Latin footwork, executing precise heel leads in smooth dances, and managing quick direction changes with ease. By providing the right support, these shoes enhance safety, performance, and confidence on the dance floor, making every session more enjoyable and effective. Equip your child with the tools they need to shine in their BallroomKids™ classes and beyond.





# THE A'S TO YOUR Q'S

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→ **Q: DOES MY CHILD NEED A PARTNER TO PARTICIPATE IN A BALLROOMKIDS™ CLASS?**

A: No, your child does not need a partner to participate. BallroomKids™ classes are designed to teach students individually, focusing on personal skill development and dance technique, ensuring every child can learn and enjoy dancing at their own pace.

→ **Q: DOES MY CHILD NEED TO HAVE ANY PRIOR BALLROOM DANCE EXPERIENCE?**

A: No prior ballroom dance experience is necessary. Our BallroomKids™ classes cater to all levels, from beginners to those with dance experience, making it a welcoming environment for everyone to learn and grow.

→ **Q: DO WE NEED TO PURCHASE THE RECOMMENDED DANCE SHOES?**

A: Investing in recommended dance shoes can significantly enhance your child's dancing experience. Ballroom shoes are specially designed to allow the correct amount of 'slip' and 'grip' required for executing Latin footwork, heel leads in smooth dances, and quick direction changes in Latin dances, enhancing both safety and performance.

→ **Q: WHAT TYPES OF DANCES WILL MY CHILD LEARN IN BALLROOMKIDS™ CLASSES?**

A: Your child will be introduced to a variety of dance styles, including Salsa, Waltz, Rumba, Foxtrot, Cha Cha, Tango, Swing, Merengue, Samba, and Hustle. Each style is taught with an approach that's engaging and suitable for children, focusing on the basic techniques and fun aspects of each dance.







## ***WANT TO REACH OUT?***

**We're always here to help!**

**Rising Stars School of Dance**

**732- 462 - 5505**

**info@risingstarsnj.com**



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