

Rising Stars School of Dance & Performing Arts 2022-2023 Fall Class Schedule

Revised 7/1/2022

Wee Dance 18 Mo - 2 1/2 Year Old (Intro To Dance)

18 Month - 2.5 Year Old Wee Dance, Wednesday 11:00-11:45, Kathryn
18 Month - 2.5 Year Old Wee Dance, Wednesday, 3:45-4:30 Kathryn
18 Month - 2.5 Year Old Wee Dance, Saturday, 9:30-10:15, Kathryn



2 1/2 - 3 Year Old Classes

2 1/2 - 3 Year Old Ballet/Tap/Jazz

2 1/2 - 3 Year Old Parent/Me, Tuesday, 11:00-11:45 Kathryn
2 1/2 - 3 Year Old Ballet/Tap/Jazz, Saturday, 10:30-11:15, Kathryn

3-4 Year Old Classes

3-4 Year Old Ballet/Tap/Jazz

3-4 Year Old Ballet/Tap/Jazz, Tuesday, 10:00-10:45, Kathryn
3-4 Year Old Ballet/Tap/Jazz, Wednesday, 10:00-10:45, Kathryn
3-4 Year Old Ballet/Tap/Jazz, Wednesday, 4:30-5:15, Kathryn
3-4 Year Old Ballet/Tap/Jazz, Thursday, 4:30-5:15, Jen
3-4 Year Old Ballet/Tap/Jazz, Saturday, 9:30-10:15, Rachel S.
3-4 Year Old Ballet/Tap/Jazz, Saturday, 10:30-11:15, Rachel S.



3-4 Year Old Hippity Hop

3-4 Year Old Hippity Hop, Tuesday, 3:45-4:30, Caitlyn

4 Year Old Ballet/Tap/Jazz

4 Year Old JFK* Tiny Stars Ballet/Tap/Jazz, Friday, 4:30-5:30, Kathryn

4-6 Year Old Classes

4-6 Year Old Acro

4-6 Year Old Acro, Wednesday, 4:30-5:30, Lindsay/Angelina

4-6 Year Old Hip Hop

4-6 year Old Hip Hop, Friday, 4:30-5:30, Sarah



5-6 Year Old Classes

5-6 Year Old Ballet/Tap/Jazz

5-6 Year Old JFK* Twinkles Ballet/Tap/Jazz, Monday, 4:30-5:30, Kathryn
5-6 Year Old Ballet/Tap/Jazz, Wednesday, 5:30-6:30, Victoria
5-6 Year Old Ballet/Tap/Jazz, Friday, 4:30-5:30, Rachel C.
5-6 Year Old JFK* Twinkles Ballet/Tap/Jazz, Saturday, 11:30-12:30, Caitlyn
5-6 Year Old Ballet/Tap/Jazz, Saturday, 9:30-10:30, Jenna/Sarah
5-6 Year Old Ballet/Tap/Jazz, Saturday, 11:30-12:30, Rachel S.

5-6 Old Hip Hop

5-6 Year Old JFK* Twinkles Hip Hop, Monday, 5:30-6:30, Caitlyn
5-6 Year Old Hip Hop, Tuesday, 4:30-5:30, Caitlyn
5-6 Year Old JFK* Twinkles Hip Hop, Saturday, 10:30-11:30, Caitlyn

5-8 Year Old Classes

5-8 Year Old Cheer Dance

5-8 Year Old Cheer Dance, Thursday, 5:30-6:30, Jen

Boys Only Hip Hop Classes

3-4 Year Old Boys Only Hippity Hop

3-4 Year Old Boys Only Hippity Hop, Saturday, 9:30-10:15, Caitlyn

5-7 Year Old Boys Only Hip Hop

5-7 Year Old Boys Only Hip Hop, Thursday, 5:30-6:30, Caitlyn
5-7 Year Old Boys Only Hip Hop, Saturday, 12:30-1:30, Caitlyn

8+ Year Old Boys Only Hip Hop

8+ Year Old Boys Only Hip Hop, Saturday, 1:30-2:30, Caitlyn

7-9 Year Old Classes

6-10 Year Old Acro

6-10 Year Old Acro, Friday, 5:30-6:30, Danielle

7-9 Year Old Ballet/Contemporary

7-9 Year Old Contemporary, Wednesday 6:30-7:30, Victoria

7-9 Year Old Ballet/Jazz

7-9 Year Old JFK * Starlites Ballet/Jazz, Monday, 5:30-6:30, Amanda/Juliana
7-9 Year Old JFK * Starlites Ballet/Jazz, Friday, 5:30-6:30, Rachel C.

7-9 Year Old Jazz

7-9 Year Old Jazz, Wednesday, 7:30-8:30, Victoria

7-9 Year Old Hip Hop

7-9 Year Old Hip Hop, Tuesday, 5:30-6:30, Caitlyn
7-9 Year Old JFK* Starlites Hip Hop, Thursday, 4:30-5:30, Caitlyn
7-9 Year Old Hip Hop, Friday 6:30-7:30, Rachel C.
7-9 Year Old Hip Hop, Saturday, 11:30-12:30, Sarah/Jenna

7-9 Year Old Musical Theater

7-9 Year Old Beginner Musical Theater, Saturday, 10:30-11:30, Sarah/Jenna

7-9 Year Old Tap

7-9 year Old Tap, Tuesday, 4:30-5:30, Kathryn
7-9 Year Old JFK* Starlites Tap, Friday, 6:30-7:30, Kathryn
7-9 year Old Tap, Saturday, 12:30-1:30, Kathryn

9+ Year Old Classes

9+ Year Old Cheer Dance

9+ Year Old Cheer Dance, Saturday, 1:30-2:30, Sarah/Jenna

9+ Year Old Contemporary

9+ Year Old Beginner Contemporary, Tuesday, 7:30-8:30, Lauren

10+ Year Old Classes

10+ Year Old Jazz

10+ Year Old Jazz, Wednesday, 8:30-9:30, Victoria
10+ Year Old Broadway Jazz, Thursday, 6:30-7:30, Jen

10+ Year Old Tap

10+ Year Old Tap, Thursday, 7:30-8:30, Kathryn
10+ Year Old Broadway Tap, Friday, 7:30-8:30, Kathryn
10+ Year Old Tap, Saturday, 11:30-12:30, Kathryn

10+ Year Old Musical Theater Jazz

10+ year Old Advanced Musical Theater, Saturday, 12:30-1:30, Jenna/Sarah

10+ Year Old Hip Hop

10+ Year Old Hip Hop, Tuesday, 6:30-7:30, Lauren
10+ Year Old Hip Hop, Saturday, 12:30-1:30, Rachel S.

10+ Year Old Latin Ballroom

10+ Year Old Latin Ballroom in Heels, Saturday, 1:30-2:30, Rachel S.

10-12 Year Old Classes

10-12 Year Old Contemporary

10-12 Year Old JFK* Shooting Stars Ballet/Jazz, Thursday 8:30-9:30, Victoria

10-12 Year Old Hip Hop

10-12 Year Old JFK* Shooting Stars Hip Hop, Monday, 7:30-8:30, Caitlyn

10-12 Year Old Jazz

10-12 Year Old JFK* Shooting Stars Ballet/Jazz, Thursday 8:30-9:30, Victoria

10-12 Year Old Tap

10-12/13+ Year Old JFK* Shooting Stars/Teen Stars Tap, Friday, 7:30-8:30, Danielle

* Tiny Stars, Twinkles, Starlites, Shooting Stars, Teen Stars - These classes will attend 1 Regional Competition per year and do NOT require a teacher recommendation

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Revised 7/1/2022

13+ Year Old Classes

13+ Year Old Contemporary Ballet/Jazz

13+ Year Old JFK* Teen Stars Ballet/Jazz, Thursday, 7:30-8:30, Victoria

13+ Year Old Advanced Contemporary

***13+ Year Old Advanced Contemporary, Monday, 8:30-9:30, Amanda/Emilee

13+ Year Old Hip Hop

13+ Year Old JFK* Teen Stars Hip Hop, Monday, 8:30-9:30, Miss Caitlyn

13+ Year Old Tap

10-12/13+ Year Old JFK* Shooting Stars/Teen Stars Tap, Friday, 7:30-8:30, Danielle

*** ADVANCED/INTERMEDIATE CLASSES

Advanced Contemporary - Please contact Miss Amanda at missamanda@risingstarsnj.com to be evaluated for this class.

Advanced Musical Theater - Please contact Miss Jen at missjen@risingstarsnj.com to be evaluated for this class.

Intermediate Level Acro - Please contact Miss Lindsay at misslindsay@risingstarsnj.com to be evaluated for this class

** Pointe Class **

**10-12 Year Old Pre Pointe, Tuesday, 8:30-9:30, Dasha

**12+ Year Old Beginner/Intermediate Pointe, Wednesday, 8:30-9:30, Amanda/Angelina

** POINTE CLASSES **

PRE POINTE: Students must be 10 years or older and have 2 years of prior Ballet. Pointe shoes are not used in this class. No evaluation needed.

BEGINNER POINTE: Students must be 12 years or older with 3 years of prior Ballet. An evaluation will determine acceptance. Students use Pointe Shoes in this class. Contact the studio to be evaluated for this class.

Students taking either of these classes will be required to take an additional Ballet/Contemporary Class and Ballet Technique class (to be assigned).

JFK - Just for Kix Classes

Tiny Stars (JFK - Just for Kix)

4 Year Old JFK* Tiny Stars Ballet/Tap/Jazz, Friday, 4:30-5:30, Kathryn

Twinkles (JFK - Just for Kix)

5-6 Year Old JFK* Twinkles Ballet/Tap/Jazz, Monday, 4:30-5:30, Kathryn

5-6 Year Old JFK* Twinkles Hip Hop, Monday, 5:30-6:30, Caitlyn

5-6 Year Old JFK* Twinkles Hip Hop, Saturday, 10:30-11:30, Caitlyn

5-6 Year Old JFK* Twinkles Ballet/Tap/Jazz, Saturday, 11:30-12:30, Caitlyn

Starlites (JFK - Just for Kix)

7-9 Year Old JFK * Starlites Ballet/Jazz, Monday, 5:30-6:30, Amanda/Juliana

7-9 Year Old JFK* Starlites Hip Hop, Thursday, 4:30-5:30, Caitlyn

7-9 Year Old JFK* Starlites Tap, Friday, 6:30-7:30, Kathryn

7-9 Year Old JFK * Starlites Ballet/Jazz, Friday, 5:30-6:30, Rachel C.

Shooting Stars (JFK - Just for Kix)

10-12 Year Old JFK* Shooting Stars Hip Hop, Monday, 7:30-8:30, Caitlyn

10-12 Year Old JFK* Shooting Stars Ballet/Jazz, Thursday 8:30-9:30, Victoria

10-12/13+ Year Old JFK* Shooting Stars/Teen Stars Tap, Friday, 7:30-8:30, Danielle

Teen Stars (JFK - Just for Kix)

13+ Year Old JFK* Teen Stars Hip Hop, Monday, 8:30-9:30, Miss Caitlyn

13+ Year Old JFK* Teen Stars Ballet/Jazz, Thursday, 7:30-8:30, Victoria

10-12/13+ Year Old JFK* Shooting Stars/Teen Stars Tap, Friday, 7:30-8:30, Danielle

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Competition Jazz Classes

Mini Company Jazz Classes

Mini Company Jazz, Tuesday, 4:30-5:30, Lindsay/Angelina

Junior Competition Jazz Classes

Junior Company Jazz, Monday, 6:30-7:30, Lindsay/Angelina

Petite Competition Jazz Classes

Petite Elite Jazz, Thursday, 5:30-6:30, Lindsay/Angelina

Pre Teen Jazz Classes

Pre Teen Company Jazz, Thursday, 5:30-6:30, Joelle

Teen Competition Jazz Classes

Teen Elite Jazz, Tuesday, 6:30-7:30, Amanda/Angelina

Teen Company Contemporary/Jazz Choreography, Thursday, 6:30-8:00, Joelle

Senior Competition Jazz Classes

Senior Company Contemporary/Jazz Choreography, Wednesday, 8:00-9:30, Joelle

Senior Elite Jazz, Wednesday, 6:30-7:30, Amanda/Angelina

Broadway Jazz Classes

Junior/Pre Teen Competition/Company Only Broadway Jazz, Monday, 5:30-6:30, Lindsay/Angelina

Teen Senior Competition/Company Level Only Broadway Jazz, Wednesday, 8:30-9:30, Joelle

Competition Acro Classes

Junior Company Acro

Junior Company Acro, Tuesday, 5:30-6:30, Lindsay/Angelina



Senior Company Acro

Senior Company Acro, Wednesday, 4:30-6:00, Joelle

Pointe Classes

Teen Competition Pointe Monday, 6:30-7:30, Amanda/Angelina

Competition Hip Hop Classes

Mini Company Hip Hop Classes

Mini Company Hip Hop, Monday, 4:30-5:30, Caitlyn

Junior Competition Hip Hop Classes

Junior Company Hip Hop, Thursday, 6:30-7:30, Caitlyn

Junior Elite Hip Hop, Tuesday, 7:30-8:30, Caitlyn

Pre Teen Competition Hip Hop Classes

Pre Teen Company Hip Hop, Thursday, 7:30-8:30, Caitlyn

Teen Competition Hip Hop Classes

Teen Company Hip Hop, Monday, 6:30-7:30, Caitlyn

Teen Elite Hip Hop, Thursday, 8:30-9:30, Caitlyn

Senior Competition Hip Hop Classes

Senior Company Hip Hop, Tuesday, 8:30-9:30, Caitlyn

Pre-Comp Classes

Mini Pre-Comp Ballet/Tap/Jazz

Mini Pre-Comp Ballet/Tap/Jazz, Monday, 4:30-5:30, Lindsay/Juliana

Junior Pre-Comp Acro

Junior Pre-Comp Acro, Thursday, 6:30-7:30, Lindsay/Angelina

Junior Pre-Comp Hip Hop

Junior Pre-Comp Hip Hop, Tuesday, 6:30-7:30, Caitlyn

Petite Pre-Comp Tap

Petite Pre Comp Tap, Monday, 4:30-5:30, Kate

Competition Contemporary /Lyrical Classes

Mini Company Ballet/Lyrical Classes

Mini Company Ballet/Lyrical, Tuesday, 5:30-6:30, Amanda/Lauren

Junior Competition Contemporary Classes

Junior Company Contemporary/Ballet, Monday, 7:30-8:30, Amanda/Emilee

Petite Competition Contemporary Classes

Petite Elite Contemporary, Thursday, 4:30-5:30, Lindsay/Angelina

Pre Teen Contemporary Classes

Pre Teen Company Contemporary, Thursday, 5:30-6:30, Joelle

Teen Competition Contemporary Classes

Teen Elite Contemporary, Tuesday, 8:30-9:30, Amanda/Angelina

Teen Company Contemporary/Jazz Choreography, Thursday, 6:30-8:00, Joelle

Senior Competition Contemporary Class

Senior Company Contemporary/Jazz Choreography, Wednesday, 8:00-9:30, Joelle

Senior Elite Contemporary/Ballet, Wednesday, 7:30-8:30, Amanda/Angelina



Competition Tap Classes

Broadway Tap Classes

Junior/Teen Competition Level Only Broadway Tap, Wednesday, 8:30-9:30, Kate

Teen/Senior Company Only Broadway Tap, Monday, 5:30-6:30, Kate

Mini Company Tap

Mini Company Tap, Wednesday, 4:30-5:30, Kate

Jr Company Tap

Junior Company Tap, Wednesday, 7:30-8:30, Kate

Junior Elite Tap, Friday, 6:30-7:30, Kate

Teen Competition Tap Classes

Teen Elite Tap, Friday, 4:30-5:30, Kate

Teen Company Tap, Monday, 6:30-7:30, Kate

Senior Company Tap

Senior Company Tap, Monday, 8:30-9:30, Miss Kate



Pre Competition classes attend approx 2 Regional competitions and possibly 1 National competition per year. Competition classes attend approx 3 Regional competitions and possibly 1 National competition per year. **Summer Choreography/Intensives are required for both programs. See policy for all requirements and details.**

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Technique Classes

Mini Technique Classes

Mini Company Ballet/Jazz Technique, Wednesday, 5:30-6:30, Amanda/Angelina

Petite Elite Technique Classes

Open Petite and Higher Ballet tech, Friday, 7:30-8:30, Rachel C.

Pre Teen Elite Technique

Pre Teen Company Ballet Technique, Tuesday, 5:30-7:00, Dasha

Teen Competition Technique Classes

Teen Elite Tap Technique, Friday, 5:30-6:30, Kate

Teen Elite Ballet Technique, Tuesday, 7:30-8:30, Amanda/Angelina

Teen/Senior Company Ballet Technique, Tuesday, 7:00-8:30, Dasha

Teen/Senior Company Tap Technique, Monday, 7:30-8:30, Kate

Teen/Senior Company Jazz Technique/Flexibility, Wednesday, 6:00-8:30, Joelle

Junior Technique Classes

Junior Company Ballet Technique, Tuesday, 4:30-5:30, Dasha

Junior Company Tap Technique, Wednesday, 6:30-7:30, Kate

Junior Elite Tap Technique, Friday, 5:30-6:30, Kathryn

Senior Technique Classes

Teen/Senior Company Tap Technique, Monday, 7:30-8:30, Kate

Senior Elite Ballet Technique, Wednesday, 5:30-6:30, Kate

Teen/Senior Company Ballet Technique, Tuesday, 7:00-8:30, Dasha

Teen/Senior Company Jazz Technique/Flexibility, Wednesday, 6:00-8:30, Joelle

Competition Level Technique Classes

8+ YO/Higher, PC/Mini Company/Competition, Tricks, Turns, Leaps/Flexibility, Monday, 7:30-8:30, Juliana

Senior Elite/Company Level Only, Tricks, Turns, Leaps, Tuesday 8:30-9:30, Lauren

Pre Competition & Higher Acro Technique/Flexibility, Friday, 6:30-7:30, Danielle

Open/Petite & Higher Ballet Technique, Friday, 7:30-8:30, Rachel C.